

### **Development Programme on NSIC Scheme for Women Entrepreneurs**

T.Y.B.Sc. General Home Science students attended vendor development programme on NSIC scheme for women Entrepreneurs at SGCCI, Smrudhi Nanpura, Surat on 28/3/2014. This development programme helped our students to select and enhance their skills in the area of their intent and aptitude. The outcome of this workshop was overall entrepreneurial development of our students.

A workshop on Building Awareness among women consultants in India was conducted by North India Technical Consultancy Organization Ltd (NITCON), on behalf of Consultancy Development Centre (CDC), New Delhi on 20<sup>th</sup> March 2014. This workshop was organized by Department of General Home Science, Hospitality Management and Home Economics OF Sheth P.T. Mahila College of arts and home science. The programme was coordinated by Dr Vinita Mod







विद्युत् चालक

[illegible]

SHETH R. T. MAHIL  
VANITA VIS



## Building Awareness

North India Technical Co

### Consultancy

























## Workshop on "Graphology"



### **Workshop on “Procrastination and Anger Management”**

A one day workshop on Procrastination and Anger Management was organized by Department of Psychology and Department of Human Development on 26/02/2016. This workshop was chaired by Dr. Rohan Pandey from “Rational Living”, Pune. This workshop was attended by the staff and students from the Department of Psychology and Department of Human Development. This workshop was insightful for all the participants and helped them gain an insight on management of Anger and Procrastination.



Seminar on Procrastination & Anger Management

2015-16

1. 20<sup>th</sup> July 2015 To 25<sup>th</sup> July 2015 --- 6 Days Training Programe on Cooperative Education For Youth-Women

Jointly Organised by----

*Surat District co-operative Limited & S.P.T.M.Collage Of Arts & H.sc, Surat*

1. Inguration & Introductory Session
2. Role Of Women Entrepreneurs in Co-Operative Activities
3. HIV/AIDS Awareness
4. Contribution Of youth & women in Co-operative Programme
5. Visit to Sumul Dairy

Participated By ----

- Pavar Shivani Dipak
- Bhavsarv Krishna Nandkishor
- Bhesaniya Kajal Sureshbhai
- Joshi Anamika Abhishek
- Ladumor Manisha Manubhai
- Monpara Axita Jagdishbhai
- Panchal Dhruvi
- Patel Khyati Hasmukhbhai
- Patel Shruti Sanjivkumar
- Savaliya Bhavika Dhirubhai
- Sonkusare Tina Vithobabhai
- Tamse Chetna Dilipbhai
- Shah Hemangi Rajendrabhai
- Sonani Pooja Bipinbhai
- Bhesaniya Kajal Sureshbhai









### **My Experience at NIMHANS : Career Talk**

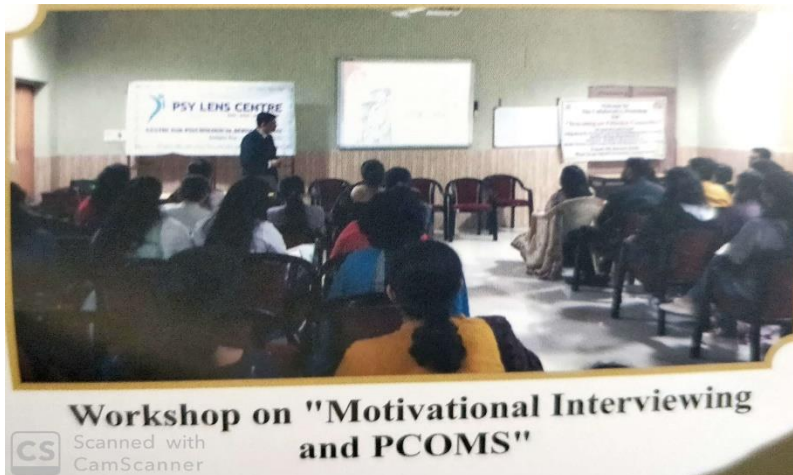
On 21/12/2017 Mr. Rojo Sholom George was invited at the department of Psychology for sharing his experience at National Institute of Mental Health and Neuro Sciences (NIMHANS). This was a special career talk because Mr. Rojo Sholom George who was the former faculty at the department of psychology spoke to his old students (TYBA Psychology students) regarding his career at NIMHANS. This event was coordinated by Mr. Aditya Farsole and it proved to be of great importance for the budding psychologists at the Department of Psychology.





### **Workshop on : How to become an Effective Counsellor PCOMS and Motivational Interviewing**

On 16/12/2017 Dr. Keyoor Joshi from Texas University conducted a workshop on: How to become an Effective Counsellor PCOMS and Motivational Interviewing. This workshop was attended by the students of Psychology and the students of Human Development. This workshop was a collaborative venture of the Department of PSYCHOLOGY, Department of Human Development and the PsyLens Centre, Surat. The students gave a positive feedback of this workshop and reported to have learnt soft skills required to become an effective counsellor.



## **National Conference on 'Family Empowerment-A Path towards Better Life'**

The Department of Human Development & Library organized a two days National Conference on "Family Empowerment - A Path towards Better Life" on 20<sup>th</sup> & 21<sup>st</sup> February, 2018. Family is the basic social unit to provide support, motivation and acceptance to an individual that enables to achieve goals, develop healthy social relations and adjustment to self and society. To achieve goals and peace in day to day life. This Conference on "Family Empowerment" was planned with the sole objective to create awareness among youngsters about family issues and interrelation within the family as well as society to integrate practical concerns of adjustment through highlighting the ways to overcome stress, dilemmas and issues of foundation period (early years) and transition period (the adolescence). Different speakers delivered lectures on issues and challenges of Family Empowerment, Healthy Spousal Relationship and Parenting: From reel life to real life, Health and Well-Being. In this Conference, participants presented research papers on different sub themes of "Family Empowerment".



**National Conference on 'Family Empowerment-A Path Towards Better Life' was Organized by the Human Development and Library Department**



Scanned with  
CamScanner





Scanned with  
CamScanner

National Conference on Family Empowerment :  
"Path Towards Better Life "



Dr. Sapna Sharma, Spiritual Counselor in a session on  
"Parenting from Reel Life to Real Life" at the National Conferen

## Workshop on Conflict Management

Conflict refers to some form of friction or discord arising within a group when the beliefs or actions of one or more members of the group are either resisted by or unacceptable to one or more members of another group. With the booming population and limited resources, the number of conflicts is more likely to increase, thus, making “Conflict Management” a necessity.

With an aim to educate students and develop “Conflict Management” as a life-enhancing skill, the Departments of English and Psychology organized a workshop on “Conflict management” on 7<sup>th</sup> February, 2018 in the Conference hall. The workshop was conducted by Dr. S. K. Mohanty, the Hon. Secretary (Development & Planning), Vanita Vishram.

In the first session, Dr. Mohanty gave a holistic overview, along with a conceptual understanding of conflict. A detailed explanation of the different theories of conflict and its relevance was also given. This workshop was designed to provide the participants

- A holistic overview and conceptual understanding of Conflict
- Generic definition and various theories of Conflict and its relevance
- Learning / Knowledge and skill to...

- Identify the Areas of ‘Conflict’
- Identify the ‘Stakeholders’
- Explore Potential Conflict-Resolution / Prevention Strategies

In the second session, nearly fifty students were divided into five groups. Each group was given a different case study. The groups gave presentation on their respective case studies, discussing the type of conflict, the area of 'conflict of interest', the stakeholders, and the means through which the conflict could be solved. Also, each group was assigned with a coordinator, who facilitated students. The second session was then followed by a feedback session where some of the students shared their experience and gave feedback on the workshop.





## Event/Program: Social Cause event named Project Nirbhaya

<b>[About the Event]</b>	<p>It was a social Cause event named Project Nirbhaya, organized by Halfmasterpiece. The Organizers were Advocate Tanvi Brahmbhatt and Artist Arya Brahmbhatt. The event was supported by Kalyanam Cheritable Trust.</p> <p>The motto behind the event is to spread Legal awareness amongst the girls so that they can protect themselves in critical situation by taking help of Law. And it was also aimed at paying tribute to Rape Victims.</p> <p>The girl Students from Sheth P.T. Mahila College and from other schools performed an act which gives a social message of Stop Rape and stand against the heinous crime.</p>
<b>[Date &amp; Time]</b>	09:15am, December 16, 2018 (Sunday)
<b>[Vaneue]</b>	JMD Banquets & Rooms 4th Floor, Excellus Business Space, Bhimrad-Althan Road, Opp. Massimo, Complex, Surat, Gujarat 395017
<b>Contact and Phone</b> <b>Persons</b>	Arya Brahmbhatt (8140571813), Tanvi Brahmbhatt (9099939628)

## Photo Gallery













**Anthropometric measurements , Health & Nutritional assessment of preschool and adolescent girls of preschool and primary section of Vanita Vishram, surat was conducted by T.Y. Bsc, on 12.08.18.**



### National Breast-Feeding Week (1<sup>st</sup> – 7<sup>th</sup> August, 2018)

National Breast-Feeding Week (1<sup>st</sup> – 7<sup>th</sup> August, 2018) was celebrated by department of Food Science and Nutrition in collaboration with SPACT (Surat Pediatric Association). According to WHO, every baby has right to get good nutrition. Thus, T.Y. B.Sc. FSN students conducted Peer training regarding benefits of exclusive breast feeding for 6 months and its correct practices of breast feeding covering more than 1500 college students of 12 different colleges in Surat City.

#### Faculty Participation:

- Dr. Khushman Dholawala
- Shri. V.D. Joshi
- Dr. V. N. Solanki
- Mrs. Meenakshi Tripathi
- Mrs. Meena Raja
- Ms. Roshni Vakilna
- Dr. Shilpee Agrawal
- Ms. Richa Thakkar
- Ms. Himani Kabrawala





#### Femicon 18-19

The event is organized every year by Surat Municipal Corporation and this year too it was organized on 7 August, 2018 in Gandhi Smruti Bhavan. 33 participants from the college were oriented about different topics on women's health, diseases, sanitation, personal hygiene, etc. Many doctors also imparted knowledge on health issues and prevention of the same.

## **Guest Lecture on Child Sex Abuse (CSA)**

The Department of Human Development had organized a Guest Lecture on Child Sex Abuse on 28<sup>th</sup> December 2018. Resource Person was Dr. Salim Hirani (Pediatrician) & Dr. Latika Shah. Total 40 students of B.Sc Home Science & B.A Arts were participated with tremendous vigor. The resource team had conducted a Training of Trainers (TOT) for student volunteer to train them to conduct an awareness proramme on “Child Sex Abuse” in various schools of surat city. The objective is to make the children aware about Good Touch & Bad Touch and if such kind of incidents happen how to identify, whom to contact and how to report.



Paranu-Seminar on IVF was held on 14.02.19. Dr. Jayesh Patel was the resource person for the event.

### **Round Table Discussion on Feminism and Psychology**

A **Round Table Discussion on Feminism and Psychology** was done where in the emphasis was on Female Gender and the changes in behaviour as a function of gender. 27 Psychology students actively participated in the discussion. The event was held on 8.10.18.





## Sanitation and Hygiene

18 students of Hospitality Management Department enacted a skit on the topic of Hygiene and Sanitation for the Nursery students in the college central hall on 2.1.19.

