

“STAND SPEAK SHINE” –A Public Speaking Workshop

As a part of MOU of Human Development Department with Parenting for Peace Initiative a Public-Speaking Skills Workshop “STAND SPEAK SHINE” was organized at SPTMC on 21st July 2019 from 9.00-12.00 am. Coordinators were Dr. Shashi Saini & Ms. Smriti Juneja.

Dr. Binduben Shah, National Trainer of JCI India was the facilitator. Participants were from the diverse fields like College & School Teachers, Doctors, JCI Trainers, Housewives, and Entrepreneurs & Students etc. She focused on the personal, professional & social benefits of effective public-speaking. By emphasizing the difference between speaker & trainer she talked about fear of public speaking & ways to overcome it, structure of an effective speech, sources of speech and purpose of speech. She also dealt with the importance of body postures & gestures in effective public speaking. Different types of speakers were also discussed in detail. She opined that voice modulation has a very significant role in effective public speaking which needs to be taken care off. In the concluding session she invited the volunteers among the participants to come forward and share any memorable moment of their life with the objective to observe what participants has learned about effective public speaking from the workshop.

