

Field Visit to Physiotherapy Centre

An educational field trip was held at Asian Physiotherapy Centre on 9, 11, 13 September, 2019. In this trip, S.Y. B.Sc. Home Science participated with 2 staff members, Dr. Manisha Vyas and Dr. Payal Jain from the Department of Food Science and Nutrition and General Home Science respectively. A need was felt to organise this field trip as our students get employed in fitness institutes or gyms. This field trip has helped to develop an insight to balance between Nutrition and Fitness. During this visit, an introduction was given by Physiotheapist about the various equipments used for fitness. Asian Physiotherapy Centre has all the equipments that will help the students to understand the functioning and role of the equipments. The faculties overthere were trained physiotherapists who can guide our students and improve their academic skills too. As an outcome, students get oriented about various equipments used in the field of fitness, enlightened about career opportuniies in the field of fitness and their relationship with health and nutrition etc. A good guidance and assistance was received from the respective departments which will be useful to the students to develop entrepreneurial skills.