



FACULTY PROFILE



Mrs. Minakshi A Tripathi

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CAREER OBJECTIVE

To help the coming generation make aware about much needed information on food, nutrition and health. To generate work force on nutrition and dietetics, which can help society with new healthy foods, health and diet during diseases.

EDUCATIONAL BACKGROUND

Standard	Stream/Major	Board	Year
SSC	Science and Arts Subjects	CBSE, Cambay, Gujarat	1983
HSC	Science (English, Physics, chemistry, Biology & Maths)	CBSE, Cambay, Gujarat	1985
B.Sc	Food and Nutrition	M.S. University of Baroda	1988
M.Sc	Nutrition	M.S. University of Baroda	1990
SLET for Gujarat State	Home Science (Food & Nutrition)	M.S. University of Baroda	2017
PhD (pursuing)	Public Health & Nutrition	M.S. University of Baroda	November, 2017
Post Graduation Recognition for Teaching in M.Sc & M.A. (Food Science & Nutrition) Subjects	Home Science, Food Science & Nutrition	VNSG University, Surat	2016
Cleared PET examination for PhD	Home Science (Food & Nutrition)	M.S. University of Baroda	2016

Cleared PhD entrance examination	Society and Development	Central University of Gujarat, University of National Importance, Gandhinagar.	2011
Post Graduation Recognition for Teaching in MSc (Food Science & Nutrition) Subjects	Food Science & Nutrition	SNDT University, Mumbai. Research & Recognition Committee, BUTR with provisions section 36(A) of Maharashtra Universities act 1994.	2011

ORGANISATION EXPERIENCE

- ❖ Worked in Diploma unit of Sheth P T Mahila College of Arts & Home science, Vanita Vishram from August 1990 to 30 September 1991.
- ❖ Appointed full time in Government unit in Degree unit of Food Science and Nutrition Department of Sheth P T Mahila College of Arts and Homescience, Vanita Vishram, Surat. Working till date, having 29 years of teaching experience.

FACULTY DEVELOPMENT PROGRAMME ATTENDED

Sr.No	Event	Topic	Organiser	Duration	Nature of participation
1	Summer School	Global Health & Development	IIT Gandhinagar in collaboration with University of Saskatchewan, Canada	One Month 15 th May to 15 th June 2015	Presented Abstract on "Challenge Faced by Visually Impaired Mother's in rearing and Caring of Children."
2	Faculty Development Program (AICTE ATAL)	Research Methodology & Technical Writing	SVNIT, Surat	September 16 th to 20, 2019	Participation and cleared Examination
3	FPD	Advancements in a wireless and Optical Communication	SVNIT, Department of Electronics Engineering	21st- 25th December 2017	Participated
4	State level Faculty Development program	Infographics	Luthra Institute of Management, Surat	19 th March. 2016	Participated
5	FPD	Life long researcher (LLR-II 2016)	Life long researcher	Mechanical Department SVNIT, Surat	19th-23rd December 2016
6	FPD	performance based approval	participate	VVWC Vanita Vishram, Surat	17th September 2016

		system through API			
7	FPD	Research Gear-Digital tools for researcher	participate	Sheth CD Barfiwala College, Surat	15th February 2017
8	FPD	Digital Fluency	participate	S R Luthra Management ,Surat	19th March 2016
9	FPD	e-content Development for higher education	Participate	Shree Ramkrishna Institute of Computer	22nd August 2015
10	FPD	Plagiarism-Urkund	Participate	Gujarat University, INFIBNET in collaboration with URKUND Sweden	24th September 2015
11	National Workshop	National Bakery Technology Workshop	Organised and participated	Sheth P T Mahila College of Arts and Home Science, Vanita Vishram, Surat	6th-8th September 2017
12	International Workshop	Evidence Based Education System	Applied Biostatistics	Sumandeep Vidyapeeth	20th June 2014
13	State level	FDP on API (Academic Performance Indicator)	participate	ZF Wadia College, Surat	22nd July 2016
14	National Symposium	Research Projects: Proposal and Grants	participates	Shree Ramkrishna Institute of Computer Education and Applied Science	15th September 2017
15	Symposium	Vedic paradigm: Food medicine and its implications on Modern lifestyle	participate	School of Hospitality Management, AURO University, Surat	22nd January 2018
16	UNICEF supported state level workshop	Nutrition priorities, current Nutrition and Health programmes and Interventions for Teachers of Home Science Colleges	participate	Food and Nutrition Department M S University of Baroda	14-15th March 2018

Sr.no	Appointed/Empanelled	Year of passing	Board/University
1	Appointed as Expert/advisor (Honourary) in Advisory committee of Mook Badhir Vikas Trust for Skill Development programme	2019	Mook Badhir Vikas Trust, Surat
2	Empanelled as Nutrition expert for Surat District, Gujarat State	2018	Gujarat State Government Health Project
3	Empanelled as expert in Finishing School for Gujarat	2016	KCG, Gujarat Government initiative for Higher Education
6	Selected as peer group coordinator for AAA	2014-15	KCG, Gujarat
7	Subject expert for taking interview	2018	VLCC, Gujarat Regional Center, Surat

INVITED AS GUEST LECTURE/SUBJECT EXPERT

Sr. No	Seminar/Conference	Topic	Topic of paper presented	Organizer	Dates
1	Training the Trainer	Anemia Mukht Bharat	Ways to eradicate Anemia by modification in diet and including iron rich low cost ingredients.	Nipi Programme at District Level by Jilla Aarogya Dept.	1 st December, 2018
2	Training the Trainer	Nutrition in children and women	Importance of nutrition for children & women empowerment: Government programmes	SMC, women and Child welfare Department, Government of Gujarat, Gandhi Smriti Bhavan, Surat	10 th August 2018
3	Lecture	World Breast Feeding Week	Importance of Breast feeding for infant, mother & society	Agrawal Vidya Vihar college, Vesu, Surat	24 th January, 2019
4	Training the Trainer	Women Empowerment	Nutrition and Women empowerment	Mahila aayog, Gandhinagar	29 th September, 2019
5	Lecture	World Breast Feeding Week	Importance of Breast feeding for infant, mother & society	Institute & Women development cell of SRLIM, Surat	9 th August 2019
6	Women empowerment	Women/Mother Nutrition	Expert Speaker	SMC, Gandhismriti, Nanpura, Surat	10 th August 2016
7	Conducted Interview	Interview for Nutritionist	Subject expert	Stayllon Fitness Vesu, Surat	6 th December 2016
8	World Breast	Nutrition During	Expert Speaker	SMC Performing Arts Centre	5 th August, 2016

	Feeding Week				
9	SANDHAN from BISAG	Foods & Nutrition Macronutrients	Expert Guest Lecture	SANDHAN Studio, Gandhinagar	Sep.6&7, 2014
10	World Breast Feeding Week	Promotion of Breast Feeding	Training to Peer Group of 1500 College Students	Different Colleges of Surat	Aug. 1-7, 2014
11	National Nutrition Week	Promotion of Eating and Physical Activity	Expert Guest Lecture to students of 11 th & 12 th .	Delhi Public School, Surat	Aug. 26, 2014
12	Women Education Day	Nutrition and Health –a key to women empowerment	Expert Guest lecture	Gandhi Engineering College, Surat	7 th Aug, 2014
13	Women empowerment fortnight celebration	Awareness on Nutrition for women & Children	Guest speaker	Gandhi Engineering College, Surat	10 th August 2015
14	National competition	Instructional Design and Teaching	Poster Presentation on Importance of Teaching Nutrition to School Children	CALORX University, Ahmedabad	Feb.28, 2014
15	National Exhibition	FOODTECH ASIA-2014	Developed Exhibited Innovatively Food Products- Flavoured Paneers, Ragi & Bajra Cookies, Jowar & Bajra Cookies	Surat	Feb.28-Mar.3, 2014
16	AAA, KCG	Department of Administration reforms & public Grievances, New Delhi	Meeting with assessors & Principals who worked with AAA	KCG, Ahmedabad	23 rd December 2014
17	Special Invitee	Principles of Nutrition and Diet Planning	Guest lecture on Weight Reduction Techniques for B.Sc.(HM) students-4 & 6 Semester	AURO University, Surat	Feb. 24, 2014
18	Recipe	'Innovative cooking		Ritz Foods, Surat Lioness Club Silk	Aug.2 & 3, 2013

	Com petiti on	Ideas from given ingredients' Galactogog ues Recipes	Judge Recipes	City,Surat	
19	Seminar	'Assessment of nutritional Status of Women'	Invited Speaker South Gujarat Chamber of Commerce, Surat.	hent speaker	Jul.25,2013
20	State level Science Fest	Innovations in Food Production and Security/Mat hematical solutions in everyday life	Invited as Judge	NCERT & GCERT based by Vanita Vishram in collaboration with Sarvjanic Education Trust,Surat	11 th -13 th August 2013

CO-CURRICULAR ACTIVITIE

- Working in various Committees at College level
- Admission Committee
- Election Committee
- Examination Committee
- UGC Committee
- NSS
- Anti-Ragging Cell
- Magazine Committee
- External Examiner in SNDT University,2014
- External examiner and worked as chairperson in external examination for Third Year Food Science & Nutrition Program me- Child health & Nutrition, Human Nutrition, Food Science & Processing, Community nutrition, food Analysis.
- Worked as volunteer for Joy of giving week activity, an initiative of Times of India.
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ORIENTATION & REFRESHER COURSES

Event	Organizer	Place	Period	Duration
Refresher course	Academic staff college ,Ahmedabad	M.S. University	108 hours	13/11/2000-3/12/2000
Refresher course	Academic staff college ,Ahmedabad	M.S. University	108 hours	25/4/2001-12/5/2001
Orientation programme	Academic staff college ,Ahmedabad	S.P.Universty, V.V. Nagar	144 hours	14/4/2001-6/6/2001
Refresher course	Academic staff college ,Ahmedabad	S.P.Universty, V.V. Nagar	108 hours	11/2/2002-28/2/2002

THESIS WORK

- ❖ Development of quick cooking legume flour from cowpea and lentil. (MSc-Food & Nutrition).
- ❖ Studied functional properties & shelf life of quick cooking legume flour.

LIST OF PUBLICATIONS

Sr. No	National/ International	Journal	Title of Paper	ISSn No./ISSB No.	Volume & Year
1	National	Manual of training programme on – waste Management in Fruit Processing Industries.	Food waste and by product: an opportunity to minimize mal nutrition and hunger in developing countries.	Center for advanced research agricultural science and technology, Navsari,Gujarat	106/2019-20
2	International	Conference Proceeding	Family, Gender & Women's Nutritional Status: review article	ISBN:978-93-5396-182-4	19-20 December, 2019.
3	National	Ajanta	Decentralisation of ICDS supplementary Nutrition Programme: Ensuring Timely & Quality Nutrition to all Beneficiaries Odisha : A case study.(99-106)	ISSN2277-5730 Impact factor/indexing-5.5	Volume:VII Oct-Dec. 2018
4	International	Review research International Journal of multidisciplinary	Added & acceptability of Selected Indian recipes with germinated cowpea flour	e-ISSN:2455-3085 Impact no-2.154	International 1 year of pulses 2016
5	International	International Journal of Pharmaceutical Research Scholars	'Effect of Cloves and Turmeric on Hyperlipidemic Diabetics'	ISSN:2277-7873 with impact factor-1.0285	Jan.-Mar., 2014 issue.
6	International	International Journal of Pharmaceutical Research Scholars	'Hypoglycemic Effect of Traditional Breakfast Preparation by Incorporating Low Glycemic Mixes in Diabetics'	ISSN:2277-7873 with impact factor-1.0285	Jul.Sep.,2014 issue
7	International Seminar	Contemporary issues in development	Effect Of preconceptional Counseling on Serum Folate levels of women	Dept Of HRD & IIDS, Australia	11th December 2016

			planning pregnancy		
8	conference proceedings	AURO University, Surat	Food Insecurity	ISBN:978-81-928189-9-3	2017
9	Research paper published in book on E-Commerce	School of Management,Luthra Institute, Surat	'NUTRACEUTICAL E-COMMERCE LEGAL ISSUES IN INDIA ARE IGNORED BY ENTREPREURS	ISSB ;978-93-8483-305- 3	2016
10	2nd National conference on Law and Justice- 2014,..	School of Law, AURO University, Surat	Title- Protecting Women from Food Insecurity- Assessment and the link with Nutrition	ISBN13: 928189-3-1	Issue 2014
11	International Journal of multidisciplinary	Shri Akhil Anjana Kelavani Mandal Sanchalit College, Gandhinagar	Nutrition Harmony: Tining your food systems, dietary change & obesity	e-ISSN:2455-3085 Impact factor:4.184	Issue 2018
12	SGCCI, Surat	Food Processing- opportunities for startup	Guest Speaker	Ramkrishan Hall SGCCI, Surat	Volume:47/ issue-01:november 2015

NATIONAL SEMINAR/CONFERENCE--

Sr. No.	Seminar/ Conference	Topic	Topic of paper presented	Organiser	Dates
1	Conference	Emerging Trends in Hospitality, Tourism & Event sectors	Functional foods & non – communicable diseases	School of Hospitality Management, AURO University, Surat	28-29 December, 2018
2	Conference	Theoretical & Empirical Development in social science & accounting	Decentralization of ICDS supplementary nutrition programme: ensuring timely & quality nutrition to all beneficiaries- Odisha- A case study	Vanita Vishram Women Commerce College, Surat	29 th December 2018
3	Conference	Contemporary Issues in Management & Entrepreneurship	Dynamics of Health Entrepreneurship in India	School of Bbusiness, AURO University, Surat	19 th -20nd April, 2018
4	Seminar (NAAC	Higher Education in New Scenario	Indian Education System: What needs to	GLSIBA, Ahmedabad	12 th -13 th April, 2016

	Sponsored)		Change?		
5	Conference	Law & Justice- 2015 protection of Rights of Women	Indian Women's Health Issues-in era of Industrialisation & Migration	AURO University, Surat	10 th -11 th october, 2015
6	Conference	Law & Justice 2014-Women Protection & Law	Food Security as means to improve Nutritional Status Among Women in Surat(Rural)	AURO University	27 th -28 th September ,2014
7	Conference	Diabetes & its Complication:search for prevention & Cure	Poster Presentation- Diabetes & Cure	NIRMa University,Ah medabad	6 th -7 th September,2 013
8	Seminar	Women Development & Empowerment in India: Vision,Mission & Action	Assessing Women Knowledge of Breast Self-examination	M S University of Baroda,Vadod ara	24 th -25 th January,20 13
9	Conferen ce	Diabetes& its Complications: Search for Prevention & Cure.	Poster Presentation-‘Diabetes and Cure’	NirmaUniversity, Ahmedabad	Sept. 6-7, 2013
10	Semi nar	‘Women development and Empowerment in Action’	Paper Presentation-‘Assessing Women's knowledge of Breast Self –examination’	M S University, Vadodara	Jan.24 &25, 2013
11	NationalCo mpetition	Instructional Design &	Poster Presentation on Importance of Teaching Nutrition To School children	CALORX University, Ahmedabad	Feb. 28, 2014
12	National Seminar	NUTRICON 2013	Participated as Delegate	HCG Hospital, Ahmedabad	Feb.4-5, 2013
13	National	Family Empowerment...A Path Towards Better Life- DHDLCN-2018	Understanding Nutrition,Depression and Mental illness -Cause for Suicide	SPTMC,Surat	20th-21st February 2018
14	Nationa l	Vedic food and Health	Participation	School of Hospitality, AURO University,Sura t	21nd Jan.,2019
15	Conference	Inter disciplinary approaches to knowledge	Presented paper- Psychological Impact of Nutrition	PDPU, Gandhinagar	20-21 August,2015
16	National Seminar	NUTRICON 2013	Participated as Delegate	HCG Hospital, Ahmedabad	Feb.4-5, 2013
17	Conference ,NAAC Sponsored	Higher Education in post Globilization Scenario	Indian EducationSystem: What needs to Change?	GIS Institute of Business Adminstration, Ahmedabad	12th- 13 Th April 2016
18	National Seminar	Children & Women in Media:Issues& Perspectives	Health effect of media on children and adolescents.	M S University of Baroda	26th-27th March 2014

19	National Seminar	Interdisciplinary Approaches to Knowledge	Psychological impact of nutrition education on vitamin A Through print& audio cassette.	SLS,PDPU Gandhinagar	20th-21stAugust 2015
20	National conference	4th Law & Justice	Is the food security act good for India ?	AURO University,Surat	10th-11th Sep 2016
21	National Con	Food & Nutrition Priorities from Evidence to Action	BreastFeeding Promotion interventions & breastfeeding practices	M S University of Baroda	2nd-3rd September 2016
22	National Conference	Emerging true in global business management	Improving nutrition issues in management & capacity development	Department of industrial management,G H Bhatka Management Academy VNSGU, Surat	3rd December 2016

INTERNATIONAL SEMINAR/CONFERENCE

Sr. No.	Topic	Topic of paper presented	Seminar/Conference	Organiser	Dates
1	<ul style="list-style-type: none"> ➤ Evidence generating Research ➤ Applied Biostatistics. ➤ Evidence Based Healthcare. 	Participated	International Workshop-EBES CON 2014	Sumandeep Vidyapeet, Vadodara	Jun.19& 20,2014.
2	Evidence Based EducationSystem	Oral Paper Presentation- 'Evidence based nutrition education- Effective strategies for improving children's diet.	International Conference-EBESCON 2014.	Sumandeep Vidyapeet, Vadodara	Jun. 21 & 22, 2014.
3	'Fostering Innovation in Drug Discovery & Development'	Paper presentation Safety& efficacyAssessments of bioactive molecules, Functional Foods, Nutraceuticals.	International Conference	Nirma, University, Ahmedabad	Jan.23-25,2014
4	Women and Millennium Development Goals Social Work Response, MSD	Paper Presentation-Dietary Intakes, pregnancy outcome among Women from Low income familiesanthropometric measurement	International Conference	M S University, Vadodara	Feb,13 14,2014
5	Recent Advances in Cancer Prevention &	Paper Presentation-Educating Students on	International Conference	Central University,	Nov.19-20, 2013

	Therapeutics.	Cancer Prevention		Gandhinagar,	
6	Women and Millennium Development Goals: A social work response	Dietary intakes, Anthropometric measurements and Pregnancy outcomes among women from low income families	International conference	MS University of Baroda	13th-14th February 2014
7	Evidence Based Education System	Evidence Based Health care	International workshop	Suman deep Vidyapeeth	19th June 2014

ANY OTHER INFORMATION:

- Selected as Peer Group Member in KGC, Gujarat Commissioner of Higher Education in August, 2014.
- Coordinating world Breastfeeding promotion seminar by peer group training in various colleges of Surat since 2008, in collaboration with IPA, Surat.
- As coordinator of Peer Group Team under Academic & Administrative Audit (AAA), Audited BHAVAN'S R.A. Science College, Ahmedabad, on 18/12/2014.
- Exhibited Innovative Food Products in FOOD TECH ASIA 2014, in Surat from 22/12/14 to 25/12/14.
- As coordinator of Peer Group Team under Academic & Administrative Audit (AAA), audited Porbander College of arts, Commerce and Home Science. On 15/4/2015.
- Attended KCG Peer group workshop for NAAC Accreditation, 6th & 7th Dec., 2015
- Appointed as external examiner by MS University of Baroda, for its post-graduation courses, since 2015 onwards.
- Conducted seminar for Food Processor at Chamber of Commerce Surat (SGCCI), August, 2015.
Conducted research on Food habits and vital statistics of preschool children of Vanita Vishram, Surat.
- Empanelled as expert in finishing school, Gujarat government initiative for higher education for the year 2017 was the first batch of Gujarat Government's initiative.
- Empanelled as Nutrition expert for State Government health projects, attended two day training at Gandhinagar, Gujarat.

WORKSHOPS

1. Participated in IMW Workshop organized by the Indian Association of Parenteral and Enteral Nutrition
2. Participated in Bakery Technology Workshop organized by AIBTM, NSDC and SPTM College, Surat.
3. Participated in National workshop on "Sports Nutrition" organised by IDA, Gujarat chapter, Rajkot.
4. Participated in Pre-conference workshop on "Food composition data-training" organised by IDA, Mumbai chapter in association with FAO/INFOODS in 2016
5. Participated in workshop on "Advances in Epidemiological Approaches" organised by SHIATS, Allahabad in 2010.

MEMBERSHIP OF PROFESSIONAL SOCIETIES

- Dietetic Association,Ludhiana chapter.
Indian, Hyderabad.
- Home Science Association of India.
- Indian Association of Parenteral and Enteral Nutrition

REFERENCES

Dr. Balwinder Sadana	Sr. Nutritionist cum Head, Dept. Food and Nutrition, Punjab Agricultural University, Ludhiana 141 004
Dr. Jaswinder Brar	Professor, Dept. Food and Nutrition, Punjab Agricultural University, Ludhiana 141 004